

Drug-Facilitated Sexual Assault:

more than **WATCHING** your **DRINK**

Situations where drug-facilitated sexual assault occurs are usually social settings, such as parties, clubs and bars. Perpetrators use a variety of substances to incapacitate victims, with alcohol being the most popular. Be wary if someone offers you a substance to get high.



tips to stay as safe as possible:

- Always be aware of how much you are drinking, and how it may affect you.
- Be aware of your friends' behavior, and ask them to monitor yours.
- Never accept a drink from an open container, or that you did not see mixed.
- If you are at a bar or club, accept drinks only from the bartender or server.
- If you use other drugs, be wary of any mood-altering substances.
- Be aware of the behavior of persons giving you any substances: Do they seem to want you to be intoxicated? Is their behavior bothering you in other ways?

if you believe you have been the victim of a drug facilitated sexual assault:

- Get to a safe place.
- Call a Sexual Assault Hotline (800.838.8238) or a Crisis Center, and decide if you want to report the assault.
- Do not shower, change clothes, or clean up; this can remove evidence that may be useful if you decide to report the assault to police.
- If you choose to report, call the police and go to the hospital.
- Request that the hospital take a urine sample as soon as possible, so that any traces of the drug in your system can be found (unfortunately, testing needs to be done within a few hours, as traces of some drugs disappear very quickly).

sexual assault is **NEVER** the victim's fault,
even if you were drunk or high

For help and information:



VAASA

VIRGINIANS ALIGNED AGAINST SEXUAL ASSAULT
508 B Dale Avenue • Charlottesville, VA 22903 •
434.979.9002 • www.vaasa.org



*family violence
& sexual assault*
VIRGINIA HOTLINE

1.800.838.8238 V/TTY