

# ...ALIVE

In situations that involve drinking and driving, many people believe that coffee, a cold shower, or fresh air are all that's needed to overcome the effects of alcohol.

In truth, TIME is the only way to get alcohol out of the system. If a friend of yours has been drinking, he or she doesn't have to drive. There are three steps you can take to keep a friend alive...



Department of Transportation  
National Highway Traffic Safety Administration

FRIENDS DON'T  
LET FRIENDS  
DRIVE DRUNK!

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THREE WAYS  
TO KEEP  
A FRIEND...

# 1

## DRIVE YOUR FRIEND HOME



You're having a party. One of your friends has had too much to drink and should not drive. To be sure your friend arrives home safely, you can drive him yourself, if you haven't been drinking.

# 2

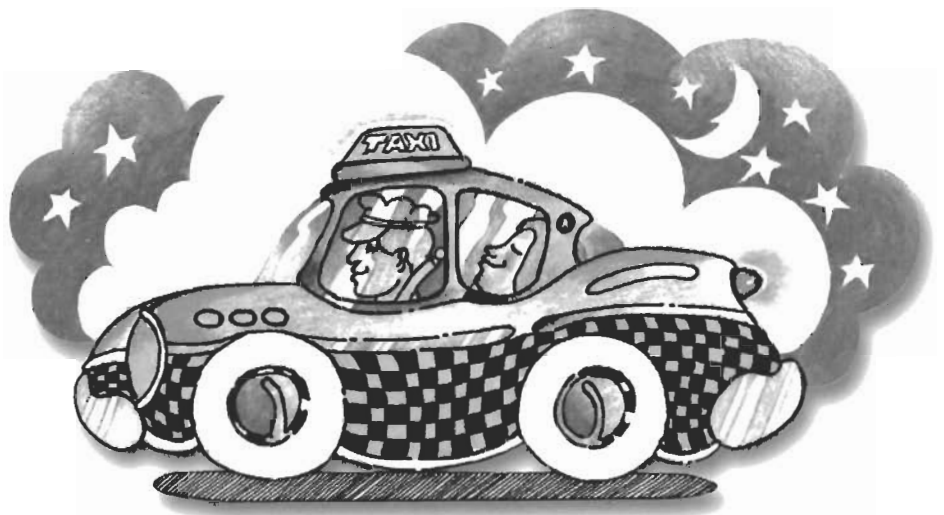
## HAVE YOUR FRIEND SLEEP OVER



Asking a guest to sleep over is another good way to keep a friend from driving. You won't have to drive, and your friend won't have to return the next day for the car.

# 3

## CALL YOUR FRIEND A CAB



If you can't drive your friend home, you can call a cab. You may want to pay the fare in advance. That's one way to show you really care.